BREAKFAST

Superstition Surprise
Greg F. Hansen, 11 seasons,
Superstition Wilderness

2 c. oatmeal, instant or slow cooking
1/3 c. raisins
1/3 c. favorite mixed, chopped nuts
1/2 c. brown sugar
1/4 tsp. cinnamon,
1/4 tsp. nutmeg
1/4 tsp. allspice
3/4 c. powdered milk, optional
water

Mix all ingredients in a ziplock bag before hitting the trail. When the breakfast bell rings... pour boiling water over a bowl of your Superstition Surprise and cover the pot. Wait approximately 2 min. and you're ready to chow down. Makes 3-4 servings.