

## **Welcome to the Breadloaf Wilderness!**

*The Breadloaf Wilderness is part of our National Wilderness Preservation System.*

**Wilderness is managed to provide primitive recreation opportunities and to allow natural forces to dominate the character of the land. Be prepared to meet increased challenges on this and other Wilderness trails.**

- **Trail brushing and trail blazing is limited.**
- **Trees may be left to step over across the trail.**
- **There are few if any bridges.**
- **Signs are less frequent and usually do not show mileages. Carry a map, compass or guidebook.**
- **Travel in small groups and in numbers less than ten.**
- **Leave no trace. Pack it in/Pack it out.**
- **Rescues may take longer due to primitive conditions.**
- **In a popular area, select a campsite which is well established. In remote, pristine areas, camp on an unused site that preferably has a durable surface.**

**Middlebury Ranger District  
1007 Route 7 South  
Middlebury, Vermont  
05753-8999  
(802) 388-4362**

**Rochester Ranger District  
99 Ranger Road  
Rochester, VT  
05767-9431  
(802) 767-4261**

