

When Nature Calls where will you go?



OR



*Which would you rather see on
your outdoor adventure?*

How to Poop in the Woods:

- When possible, use existing restrooms.
- Dig your cat hole 6–8 inches deep in rich soil and at least 200 feet (70 large paces) from water, trails, and camp.
- Or pack-it-out using an approved double bagging system with poo powder—a Cleanwaste Wag Bag, a RESTOP 2, or a Biffy Bag.
- Toilet paper—pack-it-out, along with wet wipes and hygiene items.

Why Practice Proper Methods?

- Prevent the spread of diseases.
- Avoid polluting water sources.
- Keep wildlife and pets from being attracted.
- Maximize the speed of fecal decomposition.
- Be respectful of the visitors who will follow you.
- Leave the backcountry looking better than you found it.



*With increasing numbers of us clambering for the
outback, it's critical we each take the responsibility
to deal appropriately with our leavings . . .*



Plan ahead . . .

when leaping into the great beyond.